

DR. MATT HEINZ

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Pima County Board of Supervisors

To: Melissa Manriquez, Clerk of the Board

From: Matt Heinz, Supervisor, District 2

Date: February 18, 2026

RE: March 3, 2026, Regular Agenda:
Proclaiming March 18th to be Health Workforce Well-Being Day in Pima County

A handwritten signature in blue ink, appearing to be "M. Heinz", is written over the "From" line of the email header.

Please place this on the 3/3/26 Regular Agenda. Thank you.

Board of Supervisors

Discussion/Direction/Action: Proclaiming March 18th to be Health Workforce Well-Being Day in Pima County

cc: Jan Leshar, Pima County Administrator
Steve Holmes, Deputy Pima County Administrator
Theresa Cullen, MD, MPH, Director, Pima County Health Department

PROCLAMATION

WHEREAS the well-being of our healthcare workforce is critical to ensuring access to high-quality care and to sustain Pima County’s health systems; and

WHEREAS, in the United States, up to 54 percent of physicians, 68 percent of nurses, 75 percent of pharmacists, and 60 percent of medical students and residents have symptoms of burnout—high emotional exhaustion, depersonalization, and a low sense of personal accomplishment at work; and

WHEREAS, Pima County is experiencing severe workforce shortages of physicians, nurses, advanced practice providers, behavioral health, public health, and other health workers; and

WHEREAS, according to an Arizona Board of Regents analysis, the state needs an additional 14,291 registered nurses, 3,644 physicians, and 2,419 behavioral health workers, among others, by 2030 to fill its health worker shortage; and

WHEREAS, the National Academy of Medicine has proclaimed March 18th as national *Health Workforce Well-Being Day* to recognize the importance of protecting healthcare workers’ well-being to sustain our health system and ensure quality patient care; and

WHEREAS, the Wellbeing Collaborative of Arizona, of which Pima County is a member, is committed to institutionalizing well-being as an organizational value and a key strategy for building and maintaining a vibrant health workforce.

NOW, THEREFORE, BE IT RESOLVED that the Pima County Board of Supervisors hereby proclaims Wednesday, March 18, 2026, to be:

“HEALTH WORKFORCE WELL-BEING DAY IN PIMA COUNTY”

and urges all Pima County officials, community leaders, health organizations, and citizens to commit to the well-being of all Pima County’s healthcare professionals.

PASSED AND ADOPTED this 3rd day of March 2026.

The Honorable Jennifer Allen, Chair
Pima County Board of Supervisors

ATTEST:

Melissa Manriquez, Clerk
Pima County Board of Supervisors