

Adelita S. Grijalva, District 5

MEMORANDUM

DATE: September 13, 2021

TO: Julie Castañeda, Clerk of the Board

FROM: Adelita Grijalva, District Five Supervisor *K. Regal, for*

REGARDING: Item for the September 21, 2021 agenda addendum

Please add the following to the September 21, 2021 agenda addendum:

Proclamation

Declaring September 2021 to be: "Falls Free Pima Falls Prevention Awareness Month." (District 5)

Thank you

PROCLAMATION

WHEREAS, slips and falls impact people of all ages in Arizona, resulting in personal and financial tolls for older adults in Pima County and the health-care system; and

WHEREAS, slips and falls are the leading cause of injury-related deaths among residents 60 years of age and older in Arizona; and

WHEREAS, Pima County ranks second among Arizona counties in age-adjusted falls that result in hospitalizations; and

WHEREAS, the total cost — excluding those associated with physician care, EMS service, rehabilitation or long-term disability — for falls exceeded \$3 billion in 2020; and

WHEREAS, falls can lead to depression, loss of mobility and loss of functional independence; and

WHEREAS, older residents of Pima County need prevention programs that can teach them specific, everyday strategies to improve mobility and stability and reduce fall risks.

NOW, THEREFORE, BE IT RESOLVED that the Pima County Board of Supervisors hereby proclaims the month of September 2021 to be:

“FALLS FREE PIMA FALLS PREVENTION AWARENESS MONTH”

and encourages older residents to reduce their risk of falling and to promote health, safety and independence through participation in evidence-based physical exercise; annual eye and hearing checkups; medications management; and home-safety checks.

PASSED AND ADOPTED this 21st day of September 2021.

The Honorable Sharon Bronson, Chair
Pima County Board of Supervisors

ATTEST:

Julie Castañeda, Clerk
Pima County Board of Supervisors