

## **PROCLAMATION**

**WHEREAS**, the American Heart Association is committed to increasing public awareness of the health threats of cardiovascular disease and each year holds the annual Heart and Stroke Walk to create awareness, encourage an active life, to educate and raise vital funds for groundbreaking research; and

**WHEREAS**, the number one cause of death for Arizonans is cardiovascular disease and nearly 960,000 Americans die each year from heart disease and strokes; and

**WHEREAS**, sudden cardiac arrest strikes without warning and each day more than 95 percent of Americans who suffer cardiac arrest die before reaching the hospital, resulting in about 700 deaths each day or 250,000 deaths annually; and

**WHEREAS**, sudden cardiac arrest victims stand a much better chance of survival if a sequence of emergency response actions called the Chain of Survival is initiated immediately; and

**WHEREAS**, calling 911, knowing CPR and having access to automated external defibrillators (AEDs) are all vital links in the Chain of Survival; and

**WHEREAS**, the American Heart Association is urging all Americans to Be Healthy for Good! Having access to the “Four” pillars; Eat Smart, Be Well, Add Color and Move More; and

**WHEREAS**, the Heart and Stroke Walk is a fundraising event that is FREE to the public. Participants will have opportunities for health and blood pressure screenings, fun interactive games, healthy food choices, and community support; and

**WHEREAS**, the Heart and Stroke Walk will provide the opportunity to educate thousands of attendees at Reid Park’s DeMeester Outdoor Performance Center on April 27, 2019 at 5 p.m.; and

**WHEREAS**, the American Heart Association is the largest voluntary, not-for-profit organization whose mission is to reduce disability and death from cardiovascular diseases; and

**WHEREAS**, the American Heart Association is currently funding \$1.7 million in Pima County grants; and

**WHEREAS**, the County of Pima and the American Heart Association share a common interest in promoting good health.

**NOW, THEREFORE, BE IT RESOLVED** that the Pima County Board of Supervisors hereby proclaims Saturday, April 27, 2019 to be:

**“AMERICAN HEART ASSOCIATION DAY”**

and encourages all Pima County residents to participate in events and trainings to increase awareness of the warning signs of cardiovascular disease and the need to make healthy life choices in addition to knowledge of how to care for a victim.

**PASSED AND ADOPTED** this 22nd day of January 2019.

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The Honorable Richard Elías, Chairman  
Pima County Board of Supervisors

ATTEST:

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Julie Castañeda, Clerk  
Pima County Board of Supervisors