

MEMORANDUM

Adelita S. Grijalva, Districi 5

DATE: August 19, 2022

TO:

Adelita Grijalva, District Five Supervisor FROM:

REGARDING: Item for the September 6, 2022 agenda

Please add the following to the September 6, 2022 agenda:

Proclamation

Declaring the month of September 2022 to be "Falls Prevention Awareness Month" (District 5) Thank you

PROCLAMATION

WHEREAS, slips and falls impact everyone in Arizona, resulting in injuries and financial tolls for residents, especially those 65 or older, and the health-care system; and

WHEREAS, slips and falls are the leading cause of injury-related deaths among residents 65 and older; and

WHEREAS, Gila County ranks first, Pima County ranks second, Santa Cruz County is third and Cochise County seventh in the rate of Arizona hospitalizations due to age-adjusted unintentional falls; and

WHEREAS, the total cost of unintentional falls — even excluding those for physician care, EMS services, rehabilitation or long-term disability — exceeds \$3 billion a year; and

WHEREAS, falls can lead to depression, loss of mobility and loss of functional independence; and

WHEREAS, older Arizonans need fall-prevention programs that can teach them specific everyday strategies to improve mobility and stability and reduce fall risks.

NOW, THEREFORE, BE IT RESOLVED that the Pima County Board of Supervisors hereby proclaims the month of September 2022 to be:

"FALLS PREVENTION AWARENESS MONTH"

and urges older adults; family members; caregivers; health-care providers; regional medical centers; fire personnel and first responders; law-enforcement officers; and community partners to join the southern chapter of the Arizona Falls Prevention Coalition and routinely assess older adults — including our veterans and those with disabilities — for fall-risk strategies that improve mobility and stability to reduce falls.

PASSED AND ADOPTED this 6th day of September 2022.

The Honorable Sharon Bronson, Chair Pima County Board of Supervisors

ATTEST: