

Adelita S. Grijalva, District 5

MEMORANDUM

DATE: May 12, 2022

TO: Melissa Manriquez, Clerk of the Board

FROM: Adelita Grijalva, District Five Supervisor *K. Bagnall, for*

REGARDING: Item for the May 17, 2022 agenda addendum

Please add the following to the May 17, 2022 agenda addendum:

Proclamation

Proclaiming the month of May 2022 to be: "Mental Health Awareness Month in Pima County." (District 5)

Thank you

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cc

PROCLAMATION

WHEREAS, stable mental health is essential to everyone's overall health and well-being; and

WHEREAS, all people face challenges in life that can impact their mental health; and

WHEREAS, Arizona ranks 49th in the nation overall and among our youth for mental health conditions; and

WHEREAS, among youth in Arizona, 40.9 percent exhibit symptoms of depression, higher than the national average, and 39.1 percent suffer from anxiety disorder; and

WHEREAS, suicide is the second-leading cause of death among 10- to 24-year-olds and 10.4 percent of Arizona youths attempt suicide; and

WHEREAS, prevention, including education, is an effective way to reduce the burden of mental health conditions, but stigma and fear of discrimination keep many who would benefit from mental health services from seeking help; and

WHEREAS, the federal Mental Health Parity and Addiction Equity Act demands that mental health be treated equally with physical health; and

WHEREAS, the State of Arizona affirmed its commitment to mental health parity with the unanimous legislative passage of Jake's Law in 2020; and

WHEREAS, Pima County has reaffirmed its commitment to the mental health of its employees by opting into all protections the federal act affords.

NOW, THEREFORE, BE IT RESOLVED that the Pima County Board of Supervisors hereby proclaims the month of May 2022, to be:

“MENTAL HEALTH AWARENESS MONTH IN PIMA COUNTY”

and encourages residents to increase awareness and understanding of the steps we can take to protect mental health and the need for appropriate and accessible services for all who have mental health conditions.

PASSED AND ADOPTED this 17th day of May 2022.

The Honorable Sharon Bronson, Chair
Pima County Board of Supervisors

ATTEST:

Melissa Manriquez, Clerk
Pima County Board of Supervisors