



## MEMORANDUM

Date: March 6, 2024

To: Melissa Manriquez, Clerk of the Board  
Pima County Board of Supervisors

From: Dr. Sylvia M. Lee  
District 3 Supervisor  
Pima County Board of Supervisors

Re: Agenda Item for the Board of Supervisors Meeting on March 19, 2024

Please place the following items on the agenda for the Board of Supervisors meeting on March 19, 2024.

### **NEW BUSINESS**

Proclamation stating that the Pima County Board of Supervisors hereby proclaims the month of April as Parkinson's Awareness Month.

# PROCLAMATION

**WHEREAS**, Parkinson’s disease is a neurodegenerative disease that causes tremors, limb rigidity, slowness of movement, and balance and gait difficulties; and

**WHEREAS**, Parkinson’s disease is the fastest-growing neurological disease, with current studies showing that nearly 90,000 people in the U.S. are diagnosed each year, 50% higher than previously estimated; and

**WHEREAS**, Parkinson’s disease affects over 7,000 members of the Pima County community and their families and friends; and

**WHEREAS**, living well with Parkinson’s disease begins with an increased understanding of the disease and the importance of exercise, nutrition, social support, medication, and other interventions; and

**WHEREAS**, Parkinson Wellness Recovery has developed a unique, scientific, and research-based approach to Parkinson’s-specific exercise and therapy services; and

**WHEREAS**, medical research demonstrates that targeted exercise and therapy services can mitigate the symptoms of Parkinson’s disease and offer hope for slowing disease progression for people in Tucson; and

**WHEREAS**, Parkinson Wellness Recovery is a center of excellence, training over 1,000 physical and occupational therapists and exercise professionals annually in best-practice techniques to improve the lives of people with Parkinson’s disease.

**NOW, THEREFORE, BE IT RESOLVED** that the Pima County Board of Supervisors hereby proclaims the month of April 2024 to be:

## **“PARKINSON’S AWARENESS MONTH”**

in Pima County and encourages our citizens to learn more about Parkinson’s disease and local organizations including Parkinson Wellness Recovery that support people with Parkinson’s disease and their care partners in our community.

**PASSED AND ADOPTED** this 19th day of March, 2024.

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The Honorable Adelita S. Grijalva, Chair  
Pima County Board of Supervisors

ATTEST:

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Melissa Manriquez, Clerk  
Pima County Board of Supervisors