



# MEMORANDUM

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Date: March 9, 2023

To: Melissa Manriquez, Clerk of the Board  
Pima County Board of Supervisors

From: Sharon Bronson *Sharon Bronson*  
District 3 Supervisor  
Pima County Board of Supervisors

Re: Agenda Item for April 4, 2023 Meeting

Please place the following item on the agenda for the Board of Supervisors meeting on April 4<sup>th</sup>, 2023.

## Proclamation

Proclamation stating that the Pima County Board of Supervisors hereby proclaim the month April 2023, "Parkinson's Awareness Month."

# PROCLAMATION

**WHEREAS**, Parkinson’s disease is a neurodegenerative disease that causes tremors; limb rigidity; slowness of movement; and balance and gait difficulties; and

**WHEREAS**, Parkinson’s disease is the fastest growing neurological disease, with recent studies showing that the number of people diagnosed each year is 50% higher than previously estimated; and

**WHEREAS**, Parkinson’s disease affects more than 7,000 people in Pima County, along with their families and friends; and

**WHEREAS**, living well with Parkinson’s disease begins with an increased understanding and awareness of the disease and its progression, and the importance of exercise, social support, medication and other medical interventions; and

**WHEREAS**, Parkinson Wellness Recovery has developed a scientific, research-based approach to movement, exercise and therapy services; and

**WHEREAS**, medical research demonstrates that targeted exercise and physical therapy can mitigate the symptoms of Parkinson’s disease and offers hope for slowing disease progression for people in Tucson; and

**WHEREAS**, Parkinson Wellness Recovery is a center of excellence, training physical and occupational therapists and exercise professionals across the globe in best-practice techniques to improve the lives of people with Parkinson’s disease.

**NOW, THEREFORE, BE IT RESOLVED** that the Pima County Board of Supervisors hereby proclaims the month of April 2023 to be:

## **“PARKINSON’S AWARENESS MONTH”**

in Pima County and encourages our citizens to learn more about Parkinson’s disease and local organizations, including Parkinson Wellness Recovery, that support people with Parkinson’s disease and their care partners in our community.

**PASSED AND ADOPTED** this 4th day of April, 2023.

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The Honorable Adelita Grijalva, Chair  
Pima County Board of Supervisors

ATTEST:

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Melissa Manriquez, Clerk  
Pima County Board of Supervisors