

MEMORANDUM

DATE: August 26, 2024
TO: Melissa Manriquez, Clerk of the Board
FROM: Adelita Grijalva, Chair and District Five Supervisor
REGARDING: Item for the September 3, 2024, Agenda Addendum

K. Benjwell, for

Item for the September 3, 2024, Agenda Addendum:

Proclamation

Declaring September 2024 to be “Falls Prevention Awareness Month.” (District 5)

Thank you

PROCLAMATION

WHEREAS, falling is not an inevitable effect of aging; and

WHEREAS, slips and falls are the leading cause of injury-related deaths among Pima County residents 65 years of age and older leading to nearly 26,000 hospitalizations a year; and

WHEREAS, the total cost nationally of unintentional falls, even excluding those for physician care, emergency medical services, rehabilitation, or long-term disability, exceeds \$3 billion a year; and

WHEREAS, non-fatal falls can lead to a loss of mobility, fear, isolation, and loss of functional independence; and

WHEREAS, older adults at risk of falling notably benefit from falls prevention programs that can teach them specific everyday strategies to improve mobility and stability and reduce fall risks, and

WHEREAS, the Southern Chapter of the Arizona Falls Prevention Coalition has a mission to reduce the incidence of falls and fall-related injuries among people 65 and older residing in Southern Arizona through community collaboration, education, outreach and advocacy.

NOW, THEREFORE, BE IT RESOLVED that the Pima County Board of Supervisors hereby proclaims the month of September 2024 to be:

“FALLS PREVENTION AWARENESS MONTH”

and urges older adults, family members, caregivers, health-care providers, regional medical centers, firefighters and first-responders, law enforcement officers, and community partners to join the Southern Chapter of the Arizona Falls Prevention Coalition and routinely assess older adults, including our veterans and those with disabilities, for fall risks while implementing multifactorial strategies that improve quality of life, mobility and stability to reduce falls.

PASSED AND ADOPTED this 3rd day of September 2024.

The Honorable Adelita S. Grijalva, Chair
Pima County Board of Supervisors

ATTEST:

Melissa Manriquez, Clerk
Pima County Board of Supervisors