



RICHARD ELÍAS
CHAIRMAN OF THE BOARD
COUNTY SUPERVISOR - DISTRICT 5

PIMA COUNTY BOARD OF SUPERVISORS


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MEMORANDUM

DATE: August 28, 2018

TO: Julie Castañeda, Clerk of the Board

FROM: Richard Elías, Chairman and District Five Supervisor 

REGARDING: Item for the September 4, 2018 agenda addendum

Please add the following to the September 4, 2018 agenda addendum:

Proclamation

Declaring September 2018 to be "Falls Free Pima Falls Prevention Awareness Month." (District 5)

Thank you

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PROCLAMATION

WHEREAS, falls are the leading cause of unintentional injury-related hospitalizations, emergency room visits, and deaths among Arizona residents aged 65 and older, with 973 deaths recorded in 2016; and

WHEREAS, last year, more than 14,000 older adults were hospitalized as a result of falls, and ERs admitted nearly 43,000 people 65 and older for fall-related injuries; and

WHEREAS, factors contributing to falls include decreased lower body strength, balance and endurance, complications from ongoing health conditions, use of medications, reduced vision, and unsafe home and community conditions; and

WHEREAS, falling is not an inevitable result of aging, and evidence-based programs reduce falls by utilizing cost-effective strategies such as physical exercise to improve balance and strength, medication management, vision improvement, reduction of home hazards, and fall-prevention education; and

WHEREAS, the Southern chapter of the Arizona Falls Prevention Coalition is working to increase awareness of this issue during Falls Free Pima Falls Prevention Awareness Month to promote interdisciplinary strategies to prevent falls and encourage Southern Arizona residents to take steps to protect themselves and those who are at increased risk of falling.

NOW, THEREFORE, BE IT RESOLVED that the Pima County Board of Supervisors hereby proclaims the month of September 2018 to be:

“FALLS FREE PIMA FALLS PREVENTION AWARENESS MONTH”

and encourages older residents to reduce their risk of falling and to promote health, safety and independence through participation in evidence-based physical exercise, annual eye and hearing checkups, medications management, and home-safety checks.

PASSED AND ADOPTED this 4th day of September 2018.

The Honorable Richard Elías, Chairman
Pima County Board of Supervisors

ATTEST:

Julie Castañeda, Clerk
Pima County Board of Supervisors