

Valley Assistance Services

3950 S. Camino del Heroe, Green Valley, AZ 85614

P – 520.625.5966 F – 520.625.1261 www.valleyassistanceservices.org**Urgent Needs in Rural Southern Arizona**

Valley Assistance Services (VAS) has served Green Valley since the 1960's. It was incorporated in 1981. The VAS service area is 2,700 square miles. VAS serves over 6,500 clients annually with social services and community health. VAS has satellite offices in the Sahuarita Food Bank & Community Resource Center and in Tubac. VAS is a community partner with the Green Valley Council Human Services Committee. A complete list of VAS programs are described in the brochure.

MAP - Map a Plan Emergency Monetary Assistance

- Started over 30 years ago to provide rental/mortgage assistance.
- The program provides rent/mortgage and utility assistance for 2-3 months.
- Provides 6 hours of financial education including budget/saving, benefit advocacy and workforce training
- Follow-up and continuing case management provided.
- VAS prepares LIHEAP applications for the Pima County Action Agency with 2-3 week approval time.
- VAS hopes to receive funding for LIHEAP in the future.
- VAS assisted CIC, Community Investment Corporation, until December 2021 by providing case management for up to 12 clients a week in Tucson and rural Pima County. VAS workload remains the same even without the CIC partnership.

MAP - Increasing Need

- On average, MAP visits to prevent eviction have been 8-10 weekly.
- Recent weeks have seen the demand increase to 4-5 households per day in need of help with eviction prevention and utilities.
- The satellite office in Sahuarita is assisting clients from Marana, Tucson, Northeast Tucson, and South Tucson.
- 50% of applicants come in with eviction notices already issued and 2 each month are homeless.
- Late fees are not covered by grants. First day fees add up to \$50-\$75 and \$10 per day thereafter. By day fifteen, can add an additional \$150 to rent.
- Utility assistance is crucial. At time of application, TEP and Trico bills are from \$1,000-\$1,400 and Southwest Gas up to \$600. Water is cut off when \$50 or more is owed.
- The average cost to stabilize a family is \$4,000-\$6,000.

MAP – Funding for 2022

- Town of Sahuarita, \$50,000.
- CDBG ESG Homeless Prevention, \$35,000.

Green Valley Sahuarita Amado Tumacacori Arivaca Tubac Carmen



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- ESG - CV \$106,000
- CSBG, two grants \$15,000 and \$20,500
- FEMA, \$111,000 The FEMA grant is awaiting payment. VAS is using organizational funds until the first payment is deposited.
- Total eviction prevention, rental/ mortgage and utility assistance funded is \$337,500.
- Most funding does not cover personnel, or designates only 10% or less.
- VAS has applied for Outside Agency funds (OA) for personnel costs but has not received this funding since 2016.
- The MAP budget two years ago was \$150,000. The beginning of 2022 it was \$353,500.
- Funds will soon be depleted.(one day total for assistance checks for clients equaled \$13,230.30)

Senior Housing - Costs soaring, availability limited

- Del Coronado apartments for seniors have a two year waiting list.
- Sahuarita Mission Apartments have increased rents \$300 per month.
- The Villas, small townhouses, increased rents up to \$400 per month.
- VAS will continue to apply for grants to increase rental assistance.

Other VAS Programs Experience Increased Demands

- The volunteer transportation program has grown by 300% in the last year with 15% increases monthly.
- Last year, over 35,000 miles were driven by VAS volunteers.
- VAS will be expanding transportation into Santa Cruz County and Rio Rico.
- After hours care is directed to Sheriffs Auxiliary Volunteers (SAV). These issues include homelessness/housing, emergency utility assistance, and other social services issues occurring in evening and weekend hours.
- VAS is collaborating with hotels and supplying SAV with gift cards to meet after hour emergency needs.
- Funding is needed to serve community emergency needs on evenings and weekends. VAS can meet these needs with funding.
- A proposal was submitted to the office of Supervisor Christy.
- Green Valley Council Health and Human Services recognized the need and has had it under discussion since November, 2021.

Valley Assistance Services provides a broad array of services that provide socialization, peer-led support groups, friendly visits/calls and holistic RN advocacy to all those VAS visits. VAS is often the resource of last resort for desperate clients. Valley Assistance Services needs help so it can continue to “Extend a Helping Hand Forward” to all in need.

• Be Secure • Be Safe



Serving:

- Amado • Arivaca
- Green Valley • Sahuarita
- Tubac • Tumacacori • Carmen

Call today!
(520) 625-5966

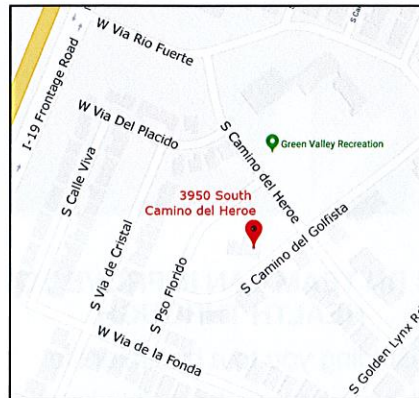
Valley Assistance a 501 (c)(3) private non-profit
Your donations support our organization

www.valleyassistanceservices.org



Make A Difference, Volunteer

- Drivers for transportation
- Friendly visits and phone calls
- Shopping and errands
- Outreach with social events
- Handymen
- Financial education
- Fall prevention
- Educational programs
- Office assistance
- Budgeting and data collection



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info@valleyassistanceservices.org
Hours of operation: 8:30-5 Monday thru
Friday, extended evening hours available by
appointment.

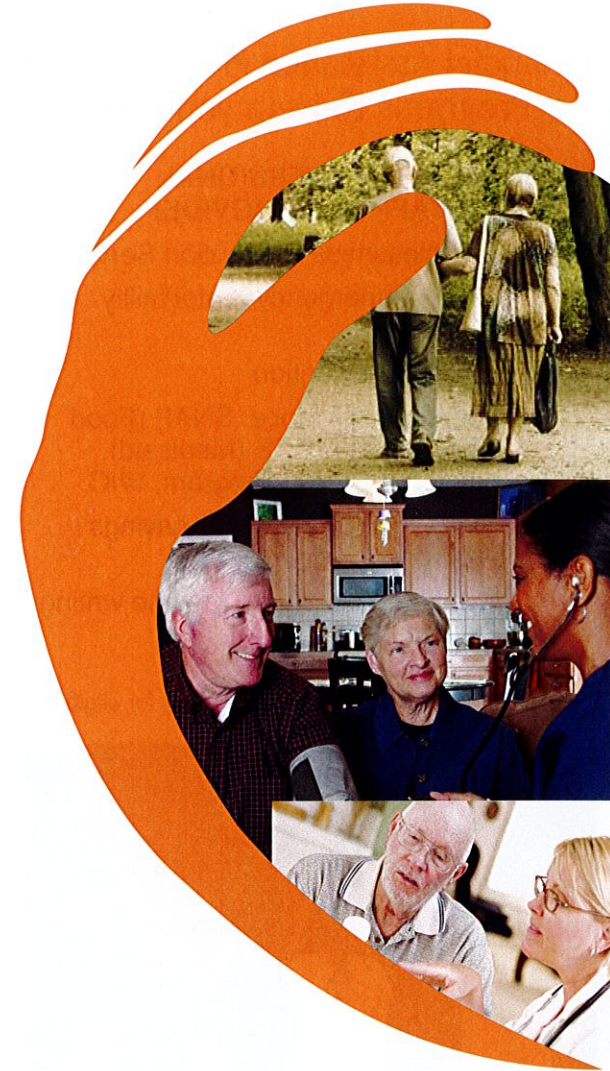
Valley Assistance Services



*Your Helping
Hand Forward*

*Integrated care,
a blend of
Community Health
&
Social Services*

Be Well • Be Healthy



We change lives by:

Advocating to support your health & wellness
Partnering with YOU and your family
Preventing falls and keeping you resilient
Giving YOU individualized care
Empowering your independence in life

Build a Safety Net

Financial Assistance Programs and Programs to Help you Save

OUR PROFESSIONAL STAFF CAN PROVIDE:

- Homelessness Prevention Services
- Limited emergency rental/utility assistance*
- Eviction Prevention
- Benefits Assistance: SNAP (Food Stamps), AHCCCS (Medicaid), Medicare Saving Program, WIC
- AZ Self Help, a benefits savings program
- Workforce coaching, resume writing, job search, computer lab

*(income and defined service area apply for eligibility)



All programs are by appointment only.

Valley Assistance is an equal opportunity provider and employer and has been funded, at least in part, with Federal funds from the USDA, and HUD (homeless prevention services) and the Pima County Community Action Agency

Plan to be Well and Healthy



RN Support

Going Home with Care*

- RN support after discharge from local hospital

A Touch that Cares®

- Provides long term ongoing RN professional visits
- Medical advocacy and medication management on a sliding fee basis

Neighbors AIM*

- Creating new memories with events including music, art & animals
- Support, education & awareness with an immersion program

Community Centered Approach to Care*

- A blend of professionals from Valley Assistance Services (VAS) & Green Valley Fire Department (GVFD) to deliver a cutting-edge medical care model of health in the home

**initial funding made possible by*



Stay Engaged

Neighbors Helping Neighbors (Green Valley/Sahuarita) (Amado, Tubac, Tumacacori & Carmen)

A VOLUNTEER CAN HELP YOU WITH:

- Transportation for grocery shopping, medical appointments, errands and socialization
- Friendly visits, phone calls
- Keeping you independent

Valley Assistance is a part of the Neighbors Care Alliance of the Pima Council on Aging



OUR RN TEAM CAN IMPROVE YOUR HEALTH THROUGH:

- Guiding you to a healthier life
- Helping prevent possible health changes with education and professional support
- Partnering with you for health care decisions & advanced directives

Stay Vertical



SHiM® Safety & Health in Motion

FALL PREVENTION

- An awareness, evidence based program to prevent falls

PREVENT FALLS

- Reduce your fear of falling and learn to stay vertical
- Increase your awareness of fall risks, at home and medically by SHiM® Team (Green Valley Volunteer Fire Corps and RN's)
- Reach sticks, night lights, and smoke alarms



DIAPER BANK & ESSENTIALS PANTRY

- Affiliated with Diaper Bank of Southern Arizona
- Diapers, feminine products, incontinence supplies, and essential home supplies



Este Seguro • Este a Salvo



Sirviendo:

*Amado • Arivaca • Green Valley
• Sahuarita • Tubac Tumacacori
• Carmen*

¡Llame hoy!
(520) 625-5966

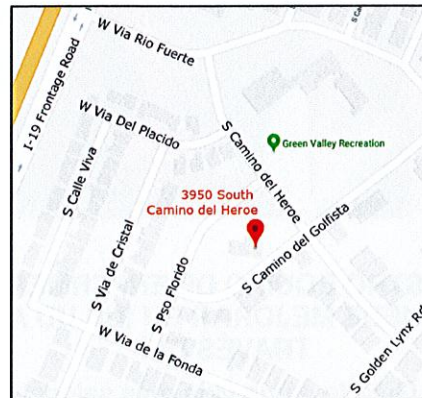
Valley Assistance es 501 (c) (3) privado sin fines de lucro
Sus donaciones apoyan a nuestra organización

www.valleyassistanceservices.org



Marca la diferencia, Voluntario

- Conductores para el transporte
- Visitas amistosas y llamadas telefónicas
- Compras y hacer mandados
- Divulgación con eventos sociales
- Mantenimiento en casa (milusos) limitado
- Educación financiera
- Prevención de caídas
- Programas educativos
- Asistencia de oficina
- Presupuestario y recopilación de datos



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Horario de atención: 8:30-5 de Lunes a Viernes,
horario nocturno extendido disponible con cita previa.

Valley Assistance Services



Tu Mano Amiga Hacia Adelante

Atención integrada

*una combinación de
Salud Comunitaria y Servicios
Sociales*

Este Bien • Este Saludable



Cambiamos vidas por:

Abogando para apoyar su salud y bienestar
Asociarse con USTED y su familia
Prevenir caídas y mantenerlo resistente
Brindándole atención individualizada
Potenciando su independencia en la vida

Construir una Red de Seguridad

Programas de asistencia financiera y programas para ayudarle a ahorrar

NUESTRO PERSONAL PROFESIONAL PUEDE PROPORCIONAR:

- Servicios de prevención de personas sin hogar
- Asistencia limitada de alquiler de emergencia/servicios públicos*
- Prevención de desalojos
- Asistencia de beneficios: SNAP (cupones de alimentos), AHCCCS (Seguro médico), Programa de Ahorro de Medicare, WIC
- AZ Self Help, un programa de ahorro de beneficios
- Redacción de currículums de entrenamiento laboral, búsqueda de empleo, laboratorio de computación

*(Los ingresos y el área de servicio definida solicitan elegibilidad)



Todos los programas son solo con cita previa.

Valley Assistance es un proveedor y empleador de igualdad de oportunidades y ha sido financiado, al menos en parte, con fondos federales del USDA, y HUD (servicios de prevención de personas sin hogar) y la Agencia de Acción Comunitaria del Condado de Pima.

Planifique para estar bien y saludable



Soporte RN

Ir a casa con cuidado*

- Apoyo de enfermera/o registrada/o después ver sido dado de alta del hospital local

Un toque que se preocupa®

- Proporciona visitas profesionales de enfermera/o registrada/o continuas a largo plazo
- Defensa médica y administración de medicamentos sobre una base de tarifa móvil

Vecinos AIM (Conciencia en la pérdida de memoria)*

- Crear nuevos recuerdos con eventos que incluyen música, arte y animales
- Apoyo, educación y concientización con un programa de inmersión

Enfoque de atención centrado en la comunidad*

- AUna combinación de profesionales de Valley Assistance Services (VAS) y Green Valley Fire Department (GVFD) para ofrecer un modelo de atención médica de vanguardia de salud en el hogar

**financiación inicial posible gracias a*



Manténgase comprometido

Vecinos ayudando a los vecinos
(Green Valley/Sahuarita)
(Amado, Tubac, Tumacacori & Carmen)

UN VOLUNTARIO LE PUEDE AYUDAR CON:

- Transporte para compras de comestibles, citas médicas, mandados y socialización
- Visitas amistosas, llamadas telefónicas
- Mantenerse independiente

Valley Assistance es parte de la Neighbors Care Alliance del Pima en Envejecimiento Sano (Pima Council of Aging)



NUESTRO EQUIPO DE ENFERMEROS PUEDE MEJORAR SU SALUD A TRAVÉS DE:

- Guiarte a una vida más saludable
- Ayudar a prevenir posibles cambios en la salud con educación y apoyo profesional
- Asociarse con usted para tomar decisiones de atención médica y directivas anticipadas

Manténgase en Pie



SHiM® Safety & Health in Motion

(Seguridad y Salud en Movimiento)

PREVENCIÓN DE CAÍDAS

- Un programa de concientización y basado en la evidencia para prevenir caídas

PREVENIR CAÍDAS

- Reduce tu miedo a caerte y aprende a mantenerte en pie
- Aumente su conciencia de los riesgos de caídas, en el hogar y medicamento por SHiM® Equipo (Green Valley Volunteer Fire Corps y RN's)
- (Cuerpo de Bomberos Voluntarios de Green Valley y Enfermeros Registrados)
- Iluminación en todas las habitaciones, escaleras y alarmas de humo

BANCO DE PAÑALES Y DESPENSA ESENCIALES

- Afiliado a Diaper Bank of Southern Arizona
- Pañales, productos femeninos, suministros para la incontinencia y suministros esenciales para el hogar

