



MEMORANDUM

May 28, 2025

To: Melissa Manriquez
Clerk of the Board

From: Andrés Cano
District 5 Supervisor

RE: Proclamation for the June 3, 2025, Agenda Addendum

Please add the following to the June 3, 2025, Agenda Addendum:

Proclamation

Proclaiming the month of June 2025 to be: "Men's Mental Health Awareness Month." (District 5)

Thank you

PROCLAMATION

WHEREAS, mental health is essential to everyone’s overall well-being, and mental illnesses are common and treatable; and

WHEREAS, men account for nearly 80 percent of all suicide deaths in the United States, a stark disparity that reflects the urgent need to expand culturally responsive outreach, care, and dialogue among male populations; and

WHEREAS, according to the Centers for Disease Control and Prevention (CDC), suicide remains a leading cause of death among men, who are more than three times as likely to die by suicide compared to women; and

WHEREAS, data from the National Alliance on Mental Illness (NAMI) shows that men are significantly less likely to seek mental health treatment than women – only one in four men who experience mental illness seek help – due to stigma, societal expectations, and the underdiagnosis; and

WHEREAS, in Arizona, suicide is the second-leading cause of death for individuals ages 15 to 34, and mental-health conditions continue to rise among both youth and adults, especially in underserved regions like Southern Arizona where access to care remains limited; and

WHEREAS, June is recognized nationally as Men’s Mental Health Awareness Month, a time to break the stigma, elevate culturally grounded healing, and ensure that all men – regardless of background – feel safe and supported in seeking help; and

WHEREAS, the Tucson community will gather on Sunday, June 22, at American Eat Co., to participate in a memorial cruise organized by family, friends, and neighbors in loving memory of Adam “Abby” Basurto and Frankie Velasco, whose passing has sparked an urgent community call to action for healing, awareness, and prevention; and

WHEREAS, community-based healing spaces like this event serve as vital affirmations that grief, remembrance, and advocacy must coexist in our fight to end the silent suffering too many men endure.

NOW, THEREFORE, BE IT RESOLVED that the Pima County Board of Supervisors hereby proclaims the month of June 2025, to be:

“MEN’S MENTAL HEALTH AWARENESS MONTH”

and calls upon all Pima County residents to foster inclusive mental wellness strategies, support trauma-informed resources and stand with the families and communities working to turn loss into hope.

PASSED AND ADOPTED this 3rd day of June 2025.

The Honorable Rex Scott, Chair
Pima County Board of Supervisors

ATTEST:

Melissa Manriquez, Clerk
Pima County Board of Supervisors