



Adelita S. Grijalva, Chair, District 5

## MEMORANDUM

**DATE:** August 1, 2023  
**TO:** Melissa Manriquez, Clerk of the Board  
**FROM:** Adelita Grijalva, Chair and District Five Supervisor  
**REGARDING:** Item for the August 21, 2023 agenda

*K. Bequell, for*

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Please add the following to the August 21, 2023 agenda:

**Proclamation**

Declaring the month of September 2023 to be "Falls Prevention Awareness Month."

Thank you

# PROCLAMATION

**WHEREAS**, falling is not an inevitable effect of aging; and

**WHEREAS**, slips and falls are the leading cause of injury-related deaths among Americans 65 years of age and older; and

**WHEREAS**, Pima County had 260 fall-related deaths in 2022, 242 of which involved older adults; and

**WHEREAS**, the total cost of unintentional falls — even excluding expenses for physician care, EMS services, rehabilitation or long-term disability — exceeds \$3 billion a year; and

**WHEREAS**, nonfatal falls can lead to the loss of mobility and functional independence; and

**WHEREAS**, older Arizonans at risk of falling demonstrably benefit from fall-prevention programs that can teach them specific strategies to improve mobility and stability.

**NOW, THEREFORE, BE IT RESOLVED** that the Pima County Board of Supervisors hereby proclaims the month of September 2023 to be:

## **“FALLS PREVENTION AWARENESS MONTH”**

and urges older adults, family members, caregivers, health-care providers, regional medical centers, fire personnel, first-responders, law enforcement officers and community partners to join the Southern Regional Chapter of the Arizona Falls Prevention Coalition and routinely assess older adults, including our veterans and those with disabilities, for fall risks while implementing strategies that improve mobility and stability to reduce falls.

**PASSED AND ADOPTED** this 21st day of August, 2023.

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The Honorable Adelita S. Grijalva, Chair  
Pima County Board of Supervisors

ATTEST:

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Melissa Manriquez, Clerk  
Pima County Board of Supervisors