

MEMORANDUM

DATE: April 12, 2024

TO: Melissa Manriquez, Clerk of the Board

FROM: Adelita S. Grijalva, Chair, District 5



REGARDING: Item for the May 7, 2024 Regular Agenda

Please add the following to the May 7, 2024 regular agenda:

Proclamation

Proclaiming the day of Friday, May 17, 2024 to be "Black and Brown Girls Wellness Day." (District 5)

Thank you

PROCLAMATION

WHEREAS, disparities in health outcomes persist among Black and Latinx communities, particularly impacting the well-being of young women and girls; and

WHEREAS, research on health-related issues specific to Black and Brown girls is lacking, yet the reality of significant health disparities within these communities cannot be ignored; and

WHEREAS, the COVID-19 pandemic has exacerbated existing health disparities, disproportionately affecting Black and Latinx communities and highlighting the urgent need for targeted support and resources; and

WHEREAS, mental health challenges faced by Black and Brown girls, including depression, anxiety, and physical illnesses, are of utmost concern and require proactive measures to address the specific needs of Black and Brown girls; and

WHEREAS, by declaring Black and Brown Girls Wellness Day, we affirm our support for the resilience and strength of these young women and girls, while also raising awareness about the unique health challenges they face; and

WHEREAS, this day provides an opportunity to promote mental health, wellness, and self-care practices tailored to the needs of Black and Brown girls, fostering collaboration among local organizations and community leaders to ensure ongoing support and services; and

WHEREAS, prioritizing the well-being of Black and Brown girls is essential for building a healthier, more equitable future for all residents of Pima County; and

WHEREAS, this day provides an opportunity to promote mental health, wellness, and self-care practices tailored to the needs of Black and Brown girls, fostering collaboration among local organizations and community leaders to ensure ongoing support and services.

NOW, THEREFORE, BE IT RESOLVED that the Pima County Board of Supervisors hereby proclaims Friday, May 17, 2024, to be:

“BLACK AND BROWN GIRLS WELLNESS DAY”

and recognizes the importance of addressing health disparities and supporting the well-being of young women and girls in our community.

PASSED AND ADOPTED this 7th day of May 2024.

The Honorable Adelita S. Grijalva, Chair
Pima County Board of Supervisors

ATTEST:

Melissa Manriquez, Clerk
Pima County Board of Supervisors